

OCTOBER 2011



ACTIVMED PRACTICES & RESEARCH

STUDYING TOMORROW'S TREATMENTS TODAY

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NEWSLETTER



SPOTLIGHT ON:

HYPERTENSION

Hypertension, or high blood pressure, may not have noticeable symptoms. It is commonly referred to as a "silent killer." Untreated high blood pressure can lead to a greater risk for stroke, heart attack, or other heart damage. Your doctor should measure your blood pressure during each visit. If your doctor finds that your blood pressure is consistently higher after several visits, you may be diagnosed with hypertension.

More than 74 million American adults have high blood pressure. Approximately 90% of people with normal blood pressure at age 55 are at risk for developing high blood pressure as they get older. It is important to know that even though high blood pressure is quite common, it can be a dangerous condition that should be monitored closely by a doctor.

Clinical Study of the Month

HYPERTENSION

(High Blood Pressure)

Have you been diagnosed with **High Blood Pressure?**

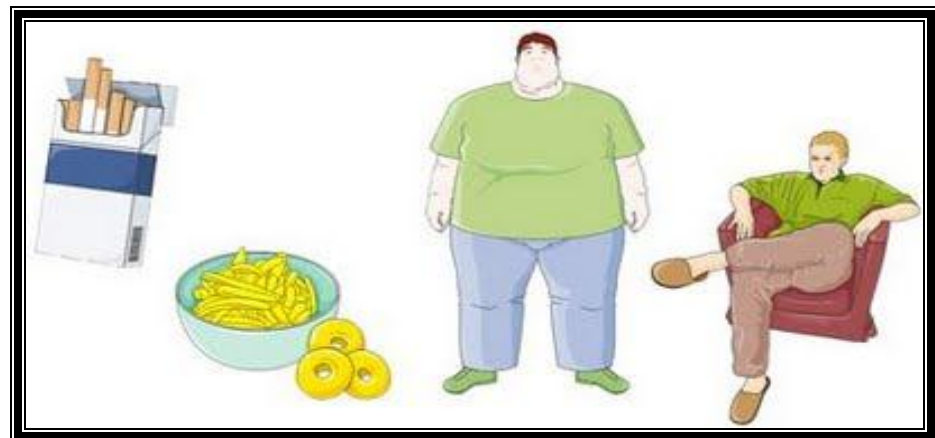
If so, you may be eligible to participate in this new study.

1. Must be male or female age 18 years or older.
2. Must have had a diagnosis of Hypertension from your physician.
3. Patients may be currently taking a Hypertension medication, but it is not necessary.
4. You must not have Type I Diabetes.
5. Type II Diabetics must have an A1C of 8 or greater.
6. If you have Thyroid Disease, you must have been on a thyroid hormone (medication) for at least 3 months.

Eligible participants will receive any diagnostic testing, lab work, study medication, office visits with a physician and lab work at no cost. A stipend is available for your time and trouble.

Please call 978-372-7252 for more information.

SOME RISK FACTORS FOR HYPERTENSION!



REMEMBER!

Our newest location in **Newington, NH** is open and screening for patients that have High Cholesterol and taking medication, Type II Diabetes w/ Cardiovascular Disease and Type I Diabetes and on Insulin for at least 12 MONTHS. Please call **1-603-319-8863**.

ActivMed Practices & Research

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Studying

*Tomorrow's
Treatments
Today*

**CEO & President
Terry Stubbs, MA, CCRC**

Founder, president and CEO Terry Stubbs has managed over 450 clinical trials and has over 21 years of healthcare management experience. She is author of the "Quick Pace Recruitment Program" and "12 Keys to Successful Weight Maintenance." She is also an active member of DIA and ACRP

**OCTOBER IS
BREAST CANCER
AWARENESS
MONTH**



PASS IT ON

ACTIVMED CURRENT & UPCOMING TRIALS

- | | | |
|-------------------------------|----------------------------|---------------------------|
| Type I and II Diabetes | High Cholesterol | Bipolar Disease |
| Chronic Back Pain | Hypertension | COPD |
| Major Depression | Alzheimer's Disease | Severe Facial Acne |
| Rheumatoid Arthritis | | |

*Please call **978-372-7252** (Haverhill, MA) or **603-319-8863** (Newington, NH) for more information on these studies.*

COME IN FOR A FREE HEALTH SCREENING IN OUR HAVERHILL OR NEWINGTON OFFICE!

WE OFFER: GLUCOSE, BLOOD PRESSURE, COPD, DEPRESSION, & CHOLESTEROL SCREENINGS

Please call 978-372-7252 for Haverhill

or

603-319-8863 for Newington to schedule your appointment.

HOW QUICKLY CAN YOU SOLVE OUR HALLOWEEN PUMPKIN MAZE?

